

Mum's the Word: My Mummy Secret

I have a secret. Okay, actually I have many of them but this secret is between me and my baby, and he's not going to tell anyone. This necklace that I'm wearing that everyone always comments on how stylish it is...it has been in my baby's mouth. That's right, and not only has it been in my baby's mouth but it is also (gasp!) silicone jewellery.

I know that people would be shocked to learn that my favourite accessory is also a teething necklace but it's true and I'm not ashamed to say it. The way I see it, I am killing two birds with one stone: I am accessorizing my outfit and giving my baby something to chew on. Since this is silicone jewellery that is BPA free and chemical free, it is a completely safe and effective way for my baby to soothe his gums.



This necklace is one of my favourite pieces to make my outfit pop and with all the colour options available, I can get one to match every outfit. They also come in different styles: larger, oval stones; smaller, round stones; or even a mix of oval and round stones. To make a real statement, you can wear a few different necklaces and either mix the colours or the styles. This accessory looks like it came straight from the pages of a fashion page but it is better suited for the pages of a baby magazine but nobody knows that...until now.

Sure my necklace gets covered in saliva but it is fully washable so you don't have to worry about it getting dirty. That's more than I can say about my baby's toys. Those things get dropped on the floor, sniffed by the dog and probably stepped on. Of course I clean his toy when I see him drop it, but I don't always see it happen before he stuffs it back into his mouth.

As a mum, I'm sure you can relate with how convenient it is to have a teether hanging around your neck. There have been so many times that we have been out and about when I realize I left his teething toy at home. A cranky baby with nothing to chew on will ruin your plans and send you on your way home, so this invention really is a godsend. Even worse, sometimes he drops it in public places where I can't wash it and there is no way I'm letting him put that back in his mouth (yuck!).

There really is no better baby item than my [teething necklace](#). I let me husband think it's for the baby and my friends think it's for me, but really it's just another way for my baby and I to bond together.